



NATURE HEALS

— WELLNESS BAR —

HOLISTIC WELLNESS. NATURAL HEALING. COMMUNITY EMPOWERMENT.

GRANT PROPOSAL

Empowering Communities Through
Holistic Wellness, Nutrition & Education



Our mission is to empower individuals and communities to take charge of their health by providing natural wellness solutions, nutrition education, and resources that support the mind, body, and spirit.



HERBAL
SUPPLEMENTS



PLANT-BASED
NUTRITION



NATURAL
HEALING JUICES



WELLNESS
EDUCATION



COMMUNITY
IMPACT

FOUNDERS

*Yasmeen Rashed
& Tasia Smith*

Building a healthier,
stronger community
One Person. One Family.
One Community at a Time.



(561) 914-6032



naturehealswellness@yahoo.com



<https://www.naturehealswellness.com/>



Boynton Beach, Florida



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Project Narrative

Nature Heals Wellness Bar respectfully requests grant funding of **\$75,000** to support the growth and development of its nonprofit wellness organization dedicated to promoting holistic health, natural healing, and healthier lifestyles within the community.

Founded in 2022 by Yasmeen Rashed, Nature Heals Wellness Bar was inspired by her personal journey managing autoimmune disease and discovering the benefits of herbal wellness, plant-based nutrition, and natural healing practices. This experience motivated her to create an organization that helps others access wellness resources, education, and support that encourage healthier living and long-term well-being.

The mission of Nature Heals Wellness Bar is to empower individuals and families through holistic wellness by providing access to herbal supplements, plant-based nutrition, natural healing juices, and educational resources. The organization is committed to making wellness accessible, affordable, and community-focused while encouraging prevention, self-care, and healthier lifestyle choices.

Through its programs and services, Nature Heals Wellness Bar serves health-conscious individuals, families, and those seeking natural approaches to improve their overall health. The organization also aims to support individuals facing chronic health challenges by providing wellness resources and education that promote healthier habits and informed decision-making.

The requested funding will be used to strengthen organizational operations, support product development, purchase essential equipment and supplies, expand community outreach efforts, and increase wellness education initiatives. Funding will also help establish systems and resources needed to ensure long-term sustainability and growth.

As the organization grows, Nature Heals Wellness Bar plans to create employment opportunities, expand wellness programs, and build partnerships that increase access to natural health resources throughout the community. The organization is committed to creating both social and economic impact by improving community health while supporting local growth and development.

Nature Heals Wellness Bar envisions becoming a trusted leader in holistic wellness education and natural health advocacy. With grant support, the organization will be better positioned to expand its reach, serve more individuals, and continue its mission of empowering communities through healing, education, and wellness.

The requested investment of \$75,000 will provide the foundation necessary for Nature Heals Wellness Bar to strengthen its operations, expand its impact, and create lasting positive change for individuals and families seeking healthier, more balanced lives.

Project Description

Nature Heals Wellness Bar is a nonprofit wellness organization dedicated to improving the health and well-being of individuals and families through natural, holistic, and preventive wellness solutions. Founded in 2022, the organization was created with the belief that people should have access to affordable wellness resources, nutritional education, and natural healing alternatives that support healthier lifestyles and long-term well-being.

The organization offers a wellness-focused approach centered on herbal supplements, plant-based nutrition, natural healing juices, and educational resources that empower individuals to take an active role in their health. Nature Heals Wellness Bar recognizes that many people are searching for healthier ways to care for their bodies, manage everyday health challenges, and improve their overall quality of life. Through education, wellness products, and community engagement, the organization seeks to provide practical tools and resources that support these goals.

Nature Heals Wellness Bar was inspired by founder Yasmeen Rashed's personal experience living with autoimmune disease. During her healing journey, she discovered the value of natural wellness practices, proper nutrition, herbal support, and lifestyle changes. This experience highlighted the need for accessible wellness resources and inspired the creation of an organization focused on helping others learn about and benefit from natural approaches to health and wellness.

The primary purpose of the project is to establish and expand a community-centered wellness organization that promotes prevention, education, and healthy living. The organization seeks to create opportunities for individuals to access natural wellness products, gain knowledge about nutrition and self-care, and become empowered to make informed decisions about their health. By combining education with practical wellness solutions, Nature Heals Wellness Bar aims to create lasting positive change within the communities it serves.

The project will focus on developing and providing high-quality herbal supplements, plant-based foods, and fresh natural juices while also creating educational initiatives that promote healthier lifestyles. Community workshops, wellness programs, and outreach activities will help individuals better understand the importance of nutrition, prevention, and holistic wellness practices. These efforts will encourage long-term behavioral changes that can lead to improved health outcomes and enhanced quality of life.

Grant funding will support the growth and development of the organization by helping establish a strong operational foundation. Resources will be used for equipment, product development, ingredients, packaging, marketing, community outreach, and

organizational infrastructure. Funding will also support efforts to increase awareness of the organization's services and expand access to wellness resources for individuals who may otherwise face barriers to obtaining them.

Nature Heals Wellness Bar serves a broad audience, including health-conscious individuals, families, wellness enthusiasts, and those seeking natural approaches to support their health and well-being. The organization is particularly committed to supporting individuals who are interested in preventive health practices and lifestyle changes that promote long-term wellness.

In addition to improving community health, the project will contribute to local economic development through job creation, partnerships, and community engagement. As the organization grows, it plans to hire additional staff, expand programming, and increase its overall impact within the wellness sector.

Through this project, Nature Heals Wellness Bar aims to become a trusted source of wellness education, natural health products, and community support. By providing accessible resources and fostering a culture of health, prevention, and self-care, the organization seeks to empower individuals to lead healthier, more balanced lives while creating a lasting positive impact on the communities it serves.

Nature Heals
WELLNESS BAR

PROJECT DESCRIPTION

Nature Heals Wellness Bar is a nonprofit organization dedicated to promoting holistic wellness through herbal supplements, plant-based nutrition, natural healing juices, and wellness education.

Our mission is to empower individuals and communities to take charge of their health by providing natural wellness solutions, nutrition education, and resources that support the mind, body, and spirit.

HERBAL SUPPLEMENTS
Natural solutions for everyday wellness.

PLANT-BASED NUTRITION
Fuel your body with wholesome nutrition.

NATURAL JUICES
Fresh, healing juices made with real ingredients.

WELLNESS EDUCATION
Workshops and resources to empower healthier choices.

COMMUNITY IMPACT
Building a healthier, stronger community together.

"Healing Naturally. Living Wholesomely. Empowering Communities."

**NATURAL HEALING
HEALTHY LIVING
STRONGER COMMUNITY
BRIGHTER FUTURE**

Project Overview

Nature Heals Wellness Bar is a nonprofit organization dedicated to promoting holistic wellness through herbal supplements, plant-based nutrition, natural healing juices, and wellness education. Founded in 2022, the organization was inspired by founder Yasmeen Rashed's personal health journey and her passion for helping others achieve healthier lifestyles through natural wellness practices.

The purpose of the project is to increase access to affordable wellness resources, encourage preventive health practices, and educate individuals on the benefits of nutrition, self-care, and natural healing. By combining wellness products with community education, Nature Heals Wellness Bar seeks to empower individuals to make informed decisions about their health and overall well-being.

Grant funding will support organizational growth, product development, community outreach, and operational improvements. These investments will help expand the organization's ability to serve more individuals while maintaining high-quality wellness offerings and educational resources.

Nature Heals Wellness Bar primarily serves health-conscious individuals, families, and those seeking natural approaches to support their health. Through its programs and services, the organization aims to create a positive impact by promoting healthier habits, improving wellness awareness, and strengthening community health.

As the organization grows, it plans to expand its reach, create employment opportunities, and build partnerships that further its mission of making holistic wellness accessible to all. Through education, prevention, and natural wellness solutions, Nature Heals Wellness Bar is committed to helping individuals lead healthier and more balanced lives.

Plan of the Proposed Project

Nature Heals Wellness Bar proposes to strengthen and expand its wellness initiatives by developing a sustainable operational framework that supports community health, wellness education, and access to natural healing resources. The project is designed to increase the organization's capacity to serve individuals seeking healthier lifestyles through holistic and preventive wellness solutions.

The project will focus on enhancing organizational operations, expanding wellness product offerings, and increasing community outreach efforts. Funding will support the procurement of essential equipment, product development resources, operational systems, and materials needed to ensure efficient and effective service delivery.

A primary component of the project is the development and distribution of herbal supplements, plant-based nutrition products, and natural healing juices that align with the organization's mission of promoting healthier living through natural wellness practices. The project will also support educational initiatives that provide individuals with information and resources related to nutrition, self-care, and preventive health.

In addition, Nature Heals Wellness Bar will expand its community engagement efforts through wellness awareness programs, outreach activities, and strategic partnerships. These initiatives will help increase access to wellness resources while fostering stronger connections within the community.

The organization also plans to strengthen its workforce by building a small team capable of supporting daily operations, community engagement, and program development. This will allow Nature Heals Wellness Bar to operate more efficiently while preparing for future growth.

Through this project, Nature Heals Wellness Bar aims to create a stronger organizational foundation, expand its impact, and improve access to holistic wellness resources for individuals and families throughout the community.

Utilization of Funds

The requested grant funding of **\$75,000** will be allocated as follows:

Product Development and Inventory – \$20,000

Funds will be used to purchase high-quality herbal ingredients, plant-based food supplies, natural juice ingredients, packaging materials, labeling, and inventory needed to develop and maintain consistent wellness products.

Equipment and Operational Setup – \$15,000

This allocation will support the purchase of juicing equipment, food preparation tools, storage solutions, technology, and other operational resources necessary for efficient daily operations.

Staffing and Workforce Development – \$12,000

Funding will help support operational assistance, community engagement personnel, product development support, staff training, and workforce development efforts as the organization grows.

Marketing and Community Outreach – \$10,000

Funds will be invested in website enhancements, branding, digital marketing, promotional materials, and community outreach initiatives that increase awareness of the organization's services and mission.

Wellness Education Programs – \$8,000

This funding will support educational workshops, wellness seminars, nutrition awareness initiatives, informational materials, and community wellness events designed to promote healthier lifestyles.

Administrative and Organizational Development – \$5,000

Funds will be used for business compliance requirements, insurance, professional services, office supplies, and organizational infrastructure necessary to support sustainable operations.

Community Program Expansion and Partnerships – \$5,000

This allocation will support the expansion of wellness services, development of strategic partnerships, and initiatives that increase access to natural wellness resources within the community.

Total Requested Funding – \$75,000

Through these investments, Nature Heals Wellness Bar will strengthen its operational capacity, expand community outreach, enhance wellness education efforts, and increase access to holistic wellness solutions that support healthier communities and long-term organizational sustainability.

About Nature Heals Wellness Bar

Nature Heals Wellness Bar is a nonprofit organization dedicated to promoting holistic wellness, natural healing, and healthier lifestyles through education, nutrition, and community empowerment. Founded in 2022 by Yasmeen Rashed, the organization was born from a deeply personal experience and a desire to help others discover the benefits of natural approaches to health and well-being.

The inspiration behind Nature Heals Wellness Bar comes from Yasmeen's own journey living with autoimmune disease. While facing health challenges, she began exploring herbal wellness, plant-based nutrition, natural supplements, and lifestyle changes that supported her healing process. Through this experience, she gained a greater understanding of the importance of prevention, nutrition, and self-care. What started as a personal healing journey eventually became a mission to help others access the knowledge, resources, and support needed to improve their overall health and quality of life.

Nature Heals Wellness Bar was established with the belief that wellness should be accessible to everyone. The organization strives to create opportunities for individuals and families to learn about healthier lifestyle choices and natural wellness solutions that support long-term well-being. By combining education with practical wellness resources, the organization encourages individuals to take an active role in their health and become empowered to make informed decisions about their wellness journey.

The organization's services focus on herbal supplements, plant-based nutrition, natural healing juices, and wellness education. These offerings are designed to support individuals seeking natural ways to improve their health while encouraging preventive care and healthier daily habits. Nature Heals Wellness Bar also emphasizes the importance of balancing physical, mental, and emotional well-being, recognizing that true wellness extends beyond nutrition alone.

A key part of the organization's mission is community education. Nature Heals Wellness Bar works to increase awareness about holistic health, nutrition, self-care, and preventive wellness practices through educational resources, wellness programs, workshops, and community outreach efforts. By providing practical information and guidance, the organization helps individuals build healthier habits that can lead to lasting improvements in their overall well-being.

Nature Heals Wellness Bar serves a diverse population, including health-conscious individuals, families, wellness enthusiasts, and people seeking natural approaches to support their health. The organization is particularly passionate about helping individuals who are managing chronic health concerns or looking for alternatives that complement a healthy lifestyle. Through education and support, Nature Heals Wellness Bar aims to create an environment where people feel encouraged, informed, and motivated to pursue healthier lives.

In addition to its wellness mission, the organization is committed to creating positive social and economic impact. As Nature Heals Wellness Bar grows, it plans to create employment opportunities, expand wellness programs, and develop partnerships with community organizations that share a commitment to improving health outcomes. The organization believes that investing in wellness not only benefits individuals but also contributes to stronger families, healthier communities, and long-term economic growth.

Looking ahead, Nature Heals Wellness Bar envisions becoming a trusted leader in holistic wellness and community health education. Beginning in Florida, the organization is building a strong foundation that will support future expansion into additional communities and markets. Through innovation, education, and a commitment to natural healing, Nature Heals Wellness Bar seeks to inspire a culture of wellness that empowers individuals to live healthier, more balanced, and more fulfilling lives.

At its core, Nature Heals Wellness Bar is more than a wellness organization. It is a mission-driven initiative dedicated to helping people heal, grow, and thrive through education, natural wellness solutions, and community support. By making wellness accessible, affordable, and empowering, the organization strives to create meaningful and lasting change for the individuals and communities it serves.

Purpose and Vision of Nature Heals Wellness Bar

Purpose

The purpose of Nature Heals Wellness Bar is to empower individuals and communities to achieve healthier, more balanced lives through access to natural wellness solutions, nutrition education, and holistic health resources. The organization was established to address the growing need for affordable and accessible wellness options that support prevention, self-care, and long-term well-being.

Nature Heals Wellness Bar is committed to providing herbal supplements, plant-based nutrition, natural healing juices, and educational resources that encourage individuals to take an active role in their health. By promoting healthier lifestyle choices and increasing awareness of natural wellness practices, the organization seeks to help people improve their quality of life and make informed decisions about their overall well-being.

A central part of the organization's purpose is education. Nature Heals Wellness Bar believes that knowledge is one of the most powerful tools for creating lasting health improvements. Through wellness programs, community outreach, and educational initiatives, the organization works to provide practical information that helps individuals better understand nutrition, preventive health, and natural approaches to wellness.

The organization is also dedicated to serving as a source of encouragement and support for individuals seeking healthier alternatives and lifestyle changes. By creating a welcoming and community-focused environment, Nature Heals Wellness Bar aims to inspire confidence, personal growth, and positive transformation.

Vision

The vision of Nature Heals Wellness Bar is to become a trusted and recognized leader in holistic wellness, health education, and community empowerment. The organization envisions a future where individuals and families have access to the resources, knowledge, and support they need to lead healthier and more fulfilling lives.

Nature Heals Wellness Bar strives to build a community where wellness is viewed as a proactive and lifelong commitment rather than a response to illness. Through its products, programs, and outreach efforts, the organization seeks to inspire a culture that values prevention, healthy living, self-care, and natural healing.

As the organization grows, its vision is to expand its impact beyond local communities by developing innovative wellness programs, strengthening partnerships, and increasing access to holistic health resources. Nature Heals Wellness Bar aims to reach a broader audience while maintaining its commitment to quality, integrity, and community-centered service.

Ultimately, the vision of Nature Heals Wellness Bar is to create lasting positive change by empowering people to take control of their health, embrace healthier lifestyles, and experience the benefits of natural wellness. Through education, compassion, and a commitment to holistic healing, the organization seeks to contribute to stronger individuals, healthier families, and more vibrant communities.

Key Features and Programs of the Proposal

1. Herbal Wellness Products

Nature Heals Wellness Bar will provide access to high-quality herbal supplements designed to support overall wellness and encourage healthier lifestyle choices. These products will be developed with a focus on quality, consistency, and ingredient transparency.

2. Plant-Based Nutrition Program

The organization will promote healthy eating habits through plant-based nutrition options that encourage balanced diets and long-term wellness. This program will help individuals understand the role of nutrition in maintaining overall health and preventing chronic health issues.

3. Natural Healing Juice Initiative

Nature Heals Wellness Bar will offer fresh natural juices made from wholesome ingredients that support wellness, hydration, and healthy living. These products will provide community members with convenient and nutritious alternatives to highly processed beverages.

4. Wellness Education and Awareness

The organization will develop educational programs that provide information on nutrition, preventive health, natural wellness practices, and self-care. These initiatives will empower individuals with the knowledge needed to make informed decisions about their health.

5. Community Wellness Workshops

Regular workshops and wellness sessions will be conducted to educate participants on healthy lifestyle habits, holistic wellness practices, stress management, and personal wellness strategies. These programs will create opportunities for learning, engagement, and community connection.

6. Preventive Health Promotion

A core focus of the proposal is encouraging prevention rather than reaction. The organization will promote healthy daily habits, proper nutrition, and wellness practices that support long-term health and reduce the risk of preventable health challenges.

7. Community Outreach Programs

Nature Heals Wellness Bar will engage directly with community members through outreach activities that increase awareness of available wellness resources and services. These efforts will help expand access to wellness education and support within underserved populations.

8. Wellness Resource Development

The organization will create educational materials, wellness guides, and informational resources that individuals can use to support their personal health journeys. These resources will be made available through community programs and digital platforms.

9. Workforce and Leadership Development

As the organization grows, it will create employment and volunteer opportunities that support operations, wellness education, community engagement, and program delivery. This will strengthen organizational capacity while contributing to local economic development.

10. Strategic Partnerships and Community Collaboration

Nature Heals Wellness Bar will build partnerships with community organizations, wellness professionals, and local stakeholders to expand its reach and maximize community impact. These collaborations will strengthen service delivery and create additional opportunities for wellness education and support.

11. Digital Wellness and Online Engagement

The organization plans to utilize digital platforms to share educational content, wellness resources, and community updates. This approach will allow Nature Heals Wellness Bar to reach a broader audience and provide ongoing support beyond in-person programs.

12. Long-Term Community Impact

Through its programs and services, Nature Heals Wellness Bar aims to create healthier communities by increasing access to natural wellness resources, encouraging healthier lifestyles, and empowering individuals to take control of their health and well-being.

Future and Scope of the Project

Nature Heals Wellness Bar is built with a long-term vision of creating lasting positive change through holistic wellness, education, and community empowerment. While the organization is currently focused on establishing a strong foundation within Florida, its future plans include expanding programs, increasing community impact, and reaching a broader audience through both in-person and digital wellness initiatives.

In the coming years, the organization aims to expand its range of herbal supplements, plant-based nutrition products, and natural healing juices to better serve the growing demand for natural wellness solutions. By continuously improving product quality and expanding wellness offerings, Nature Heals Wellness Bar seeks to become a trusted resource for individuals pursuing healthier lifestyles.

A major area of future growth will be wellness education. The organization plans to develop additional workshops, wellness programs, educational resources, and community events that promote nutrition, preventive health, and self-care practices. These initiatives will help individuals gain the knowledge and confidence needed to make informed decisions about their health and well-being.

Nature Heals Wellness Bar also plans to strengthen its community presence through strategic partnerships with healthcare professionals, wellness practitioners, nonprofit organizations, and local community groups. These collaborations will create new opportunities to expand services, share resources, and increase community engagement.

As operations grow, the organization intends to create additional employment opportunities in areas such as wellness education, operations management, product development, customer engagement, and community outreach. This growth will contribute to both community wellness and local economic development.

Technology will play an important role in the future of the organization. Nature Heals Wellness Bar plans to expand its digital presence by offering online wellness resources, educational content, virtual workshops, and community engagement opportunities. This will allow the organization to reach individuals beyond its immediate geographic area while maintaining its commitment to accessible wellness education.

The long-term scope of the project includes expanding beyond Florida and establishing a broader regional and national presence. By developing scalable systems and maintaining high standards of quality and service, Nature Heals Wellness Bar aims to bring its wellness model to additional communities across the country.

Ultimately, the future of Nature Heals Wellness Bar is centered on creating a sustainable organization that promotes healthier lifestyles, increases access to natural wellness resources, and empowers individuals to take an active role in their health. Through continued growth, innovation, and community engagement, the organization seeks to make a meaningful and lasting impact on the lives of the people it serves.

Proposed Budget for Nature Heals Wellness Bar

Budget Category	Description	Amount (USD)
Product Development and Inventory	Herbal supplements, plant-based food ingredients, natural juice supplies, packaging, labeling, and inventory development	\$20,000
Equipment and Operational Setup	Juicing equipment, food preparation tools, storage equipment, technology, and operational systems	\$15,000
Staffing and Workforce Development	Operational support, wellness assistance, community engagement, and staff training	\$12,000
Marketing and Community Outreach	Website development, branding, promotional materials, digital marketing, and outreach campaigns	\$10,000
Wellness Education Programs	Workshops, wellness seminars, educational materials, and community health initiatives	\$8,000
Administrative and Organizational Development	Compliance requirements, insurance, office supplies, professional services, and administrative expenses	\$5,000
Community Program Expansion and Partnerships	Partnership development, program expansion, and increased access to wellness resources	\$5,000
Total Requested Grant Funding		\$75,000

Framework of the Project

Project Component	Activities	Expected Outcome
Organizational Development	Establish operational systems, compliance processes, and administrative infrastructure	Strong organizational foundation that supports sustainable growth and effective service delivery
Product Development	Develop herbal supplements, plant-based nutrition products, and natural healing juices	Availability of high-quality wellness products that support healthier lifestyles
Equipment and Resource Acquisition	Purchase essential equipment, technology, and operational tools	Improved efficiency, productivity, and service capacity
Wellness Education Programs	Conduct workshops, wellness seminars, and educational initiatives	Increased community knowledge of nutrition, self-care, and preventive health practices
Community Outreach	Implement awareness campaigns and community engagement activities	Greater access to wellness resources and increased community participation
Workforce Development	Recruit and train support staff and volunteers	Enhanced organizational capacity and improved program delivery
Marketing and Brand Development	Strengthen website, branding, and promotional efforts	Increased visibility, community awareness, and organizational growth
Strategic Partnerships	Collaborate with wellness professionals, nonprofit organizations, and community groups	Expanded reach, stronger community connections, and increased program effectiveness
Program Expansion	Introduce new wellness services and expand existing programs	Increased number of individuals and families served
Evaluation and Sustainability	Monitor progress, collect feedback, and improve operations	Long-term sustainability and continuous organizational improvement

Expected Outcomes from the Proposal

Upon successful implementation of this project, Nature Heals Wellness Bar expects to achieve the following outcomes:

1. Increased Access to Holistic Wellness Resources

Individuals and families will gain greater access to herbal supplements, plant-based nutrition options, natural healing juices, and wellness-focused resources that support healthier lifestyles.

2. Improved Community Health Awareness

Community members will have increased knowledge of nutrition, preventive health practices, self-care, and natural wellness approaches through educational programs and outreach initiatives.

3. Expansion of Wellness Education Programs

The organization will develop and deliver workshops, wellness seminars, and educational materials that empower individuals to make informed health and wellness decisions.

4. Organizational Growth and Sustainability

Nature Heals Wellness Bar will establish a stronger operational foundation with improved systems, equipment, and resources that support long-term growth and sustainability.

5. Increased Community Engagement

The project will strengthen relationships with community members, local organizations, and wellness advocates, resulting in greater participation in wellness programs and initiatives.

6. Enhanced Product Development Capacity

The organization will expand its ability to develop and provide high-quality herbal supplements, plant-based products, and natural wellness offerings that meet community needs.

7. Job Creation and Workforce Development

The project will create employment and volunteer opportunities that support operations, wellness education, community outreach, and organizational development.

8. Stronger Community Partnerships

Nature Heals Wellness Bar will establish strategic partnerships with community organizations, wellness professionals, and local stakeholders to increase program effectiveness and community impact.

9. Increased Organizational Visibility

Marketing and outreach efforts will improve public awareness of the organization's mission, programs, and services, helping to reach a larger audience.

10. Long-Term Community Impact

The project will contribute to healthier individuals, stronger families, and more informed communities by promoting wellness, prevention, education, and healthy lifestyle choices.

11. Expansion Opportunities

The organization will be positioned for future growth throughout Florida and beyond, allowing it to serve additional communities while remaining committed to its mission of holistic wellness and community empowerment.

12. Sustainable Positive Change

By combining wellness products, education, and community support, Nature Heals Wellness Bar will create a lasting impact that promotes healthier living and improved quality of life for those it serves.



Details of the Project Owner and Organization

Organization Name	Nature Heals Wellness Bar
Organization Type	Nonprofit Organization
Year Established	2022
Project Owners / Founders	Yasmeen Rashed & Tasia Smith
EIN Number	99-4641373
Business Address	1851 Renaissance Commons Blvd, Boynton Beach, Florida
Phone Number	(561) 914-6032
Email Address	naturehealswellness@yahoo.com
Website	www.naturehealswellness.com
Requested Grant Amount	\$75,000
Mission Statement	To empower communities through holistic wellness by providing access to herbal supplements, plant-based nutrition, natural healing juices, and wellness education that support the mind, body, and spirit.
Primary Services	Herbal Supplements, Plant-Based Nutrition, Natural Healing Juices, Wellness Education, Community Outreach Programs
Target Population	Health-conscious individuals, families, individuals managing chronic health challenges, and those seeking natural approaches to wellness and preventive health.
Primary Service Area	Florida
Future Expansion Area	Statewide and Nationwide Expansion
Beneficiary Sectors	Holistic Health and Wellness, Preventive Healthcare, Community Health Education, Plant-Based Nutrition, Herbal Wellness Industry
Current Workforce Requirement	2–4 Core Team Members
Future Hiring Plans	Operations Support, Wellness Education Staff, Marketing and Community Engagement Personnel, Product Development Support
Vision Statement	To become a trusted leader in holistic wellness and community health education by making natural healing, prevention, and wellness resources accessible to all.
Long-Term Goal	To expand access to holistic wellness solutions, strengthen community health, and create lasting social and economic impact through education, wellness advocacy, and natural healing initiatives.